

Discerning a Sponsor

Prayer of the Candidate

O Holy Spirit, you have been with me and have counseled me ever since my Baptism. I thank you for this. Now that I am about to be confirmed in my faith, I ask your aid. Inspire me and my parents to choose a sponsor who will help me prepare well for the Sacrament of Confirmation. Be with us as we weigh the different choices. I desire to live as a strong, faithful Christian. Lead us to the person who will be the best guide for me. Amen.

Prayer of the Parents

O Holy Spirit, you have entrusted (Name) to us. Our role as parents is to guide and nurture (him/her) in every way. Give us the grace to know who would be the best partner in carrying out our responsibility to guide and nourish (his/her) faith life. Amen.

How to Discern Your Sponsor

1. Under Sponsor Possibilities, write the names of possible sponsors. Base your choices on the requirements listed in *Confirmed in the Spirit*, pages 20–21, in the section Your Sponsor.
2. Use the information to list the pros and cons of each choice in the respective column.
3. Reflect on and discuss the pros and cons of each choice.
4. Consult others.
5. Choose the best sponsor.

Remember, the Church believes that the preferred choice for your Confirmation sponsor is one of your baptismal sponsors.

Sponsor Possibilities

Name	Pro	Con
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____